

Nuclear Medicine (SPECT/CT)

Exam Preparation

How to prepare for your Nuclear Medicine exam

Bone Scan

- You may eat and drink prior to your scan.
- Please do not schedule an X-ray barium study on the same day as your Bone Scan.
- You may schedule a CT exam on the day of your Bone Scan.
- If you had a Barium Enema (BE) a day or two before your scheduled appointment time, we will need to take an X-ray to make sure that the barium is all out of your system.

Cardiac Scan

- Please do not eat or drink after midnight, the day before your Cardiac Scan. If you are diabetic, please advise our staff so that we can give you special instructions.
- At the time of scheduling your exam, you will be told whether or not you will receive Persantine during your exam. If you will be receiving Persantine, do not ingest caffeine for 24 hours prior to your exam.
- Please advise our staff of any medications you are currently taking, as they may interfere with your study. Our staff will also contact your cardiologist to check on all of your prescriptions. Your doctor will advise you of which medications you may and may not take the morning of your exam.

Hepatobiliary

- Please do not eat or drink after midnight, the day before your scan. If you are diabetic, please advise our staff so that we can give you special instructions.

Gastric Emptying

- Please do not eat or drink after midnight, the day before your scan. If you are diabetic, please advise our staff so that we can give you special instructions.

Brain

- There is no preparation for this exam.
- Please advise our staff of any medications you are taking, as they may interfere with your study. Your doctor will advise you of which medications you may and may not take the morning of your exam.

Parathyroid

- There is no preparation for this exam.

Renal Scan

- Your doctor will be ordering one of the following Renal Scans: Captopril, Lasix, Flow/Static, DMSA or GFR.
- There is no preparation for this exam, unless your doctor has ordered Captopril. If you are having a Renal Scan with Captopril, do not take it the morning of your Renal Scan. Bring it with you to your exam and you will be advised when you may take this medication.

Prostascint/Gallium/Indium/Octreoscan/Oncoscint

- This is a 2-part study. There is no preparation prior to the first part of this exam. Once you have received your injection, you will receive specific preparations for the second part of your study.



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