

# A Common-Sense Guide to Smart Breast MRI™:

## Who, When, & Where?



## Who Needs a Smart Breast MRI™?

Your doctor may recommend a  
Breast MRI...

- If you have factors that increase your risk of breast cancer, such as:
  - Dense breasts—your SmartMamm™ report will include information about whether you should discuss your breast density with your doctor.
  - Strong family history of breast cancer.
  - Known genetic mutation associated with breast cancer risk.
- As a follow-up to a breast cancer screening, such as a SmartMamm™, that has identified suspicious areas.

## Will insurance cover my Smart Breast MRI™?

Two options are available to accommodate women with different risk profiles or insurance situations:

- ① **Diagnostic Smart Breast MRI™**, which most private insurance plans cover if a woman can be shown to be at high risk or has a ruptured breast implant
- ② **Smart Screen Breast MRI™**, which uses selective image acquisitions shown to be more effective in finding lesions than mammography alone—recommended for concerned patients and their doctors in the absence of an insurance-covered condition for diagnostic breast MRI, with an out-of-pocket cost of \$375

## If I need a Smart Breast MRI™, when should I schedule it?

- ① **If you are pre-menopausal (still having regular menstrual periods):**
  - Schedule a recommended Breast MRI between the 7th and 14th day of your cycle.
    - At other times, hormonal changes may have effects on the breasts that may make Breast MRI exams more difficult to interpret and less accurate.
- ② **If you have already been through menopause (no menstrual periods) :**
  - There is no recommended timing.
  - Schedule your Breast MRI as soon as possible after it has been recommended—because earlier detection increases the likelihood that treatment, if needed, will be more successful.

## Where can I schedule my Smart Breast MRI™?

If a doctor has recommended a Breast MRI for you, Princeton Radiology's ACR Accredited Breast MRI facilities offer a choice of convenient daytime, evening and weekend hours. We perform Breast MRI exams at our Princeton, Monroe, Mercerville, Freehold, Marlboro, Wayne and Mountain Lakes locations.



If your doctor has recommended a Breast MRI exam, call **609.921.8211** or request an appointment online at **[www.PrincetonRadiology.com](http://www.PrincetonRadiology.com)**.



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