A Common-Sense Guide to Breast MRI: Who, When, & Where?

Who Needs a Breast MRI?

Your doctor may recommend Breast MRI...

❑ As a supplemental screening to a mammogram if you have factors that increase your risk of breast cancer, such as:
  - Dense breasts—your mammogram report will include information about whether you should discuss your breast density with your doctor.
  - Strong family history of breast cancer.
  - Known genetic mutation associated with breast cancer risk.

❑ As diagnostic follow-up to a breast cancer screening, such as a mammogram, that has identified suspicious areas.
If I need a Breast MRI, when should I schedule it?

- If you are pre-menopausal (still having regular menstrual periods):
  • Schedule a recommended Breast MRI between the 7th and 14th day of your cycle.
  • At other times, hormonal changes may have effects on the breasts that may make Breast MRI exams more difficult to interpret and less accurate.

- If you have already been through menopause (no menstrual periods):
  • There is no recommended timing.
  • Schedule your Breast MRI as soon as possible after it has been recommended—because earlier detection increases the likelihood that treatment, if needed, will be more successful.

Where can I schedule my Breast MRI?

If a doctor has recommended a Breast MRI for you, Princeton Radiology’s ACR Accredited Breast MRI facilities offer a choice of convenient daytime, evening and weekend hours. We perform Breast MRI exams at our Princeton, Monroe, Mercerville, Freehold, and Marlboro locations.

If you doctor has recommended a Breast MRI exam, Call 609.921.8211 or request an appointment online at www.PrincetonRadiology.com.